

Fly of the Month

By Mike Ott

Two-Biot BWO Nymph

I found this pattern in Ross Mueller's 1999 book, [Fly Fishing Midwestern Spring Creeks](#). Hidden among the fly pictures was this spiffy little BWO nymph pattern that has caught fish for me from New York to Wyoming. I liked it so much I taught it in both, the Biot Class and the BWO class. For those of you who may have missed it; here it is in all its simplicity.



Hook: Dai-Riki 310 or TMC101 Size 18-20
Thread: 8/0 Rusty Dun
Tail: Wood Duck Flank
Body: BWO Olive Goose Biot
Thorax: Gray Muskrat Dubbing (or equivalent)
Wing Case: BWO Olive Goose Biot

- 1) Flatten the hook barb and secure in vise. Start thread behind hook eye and advance to hook bend.
- 2) Tie in a tail of 5 or 6 wood duck flank fibers extending about 1 ½ the hook shank. Trim excess.
- 3) Tie in one goose biot by the tip at the base of the tail so that it curves downward.
- 4) Build a slight taper to the body up to the thorax and put a small drop of head cement on the underbody. While the cement is still wet, wrap the biot in even turns to the thorax and secure with several thread wraps. Trim excess.
- 5) Trim off the tip of the second biot so that it is about as wide as the body. Tie in by the trimmed tip at the back of the thorax so that it curves upward.
- 6) Dub a pronounced thorax and pick out so it mimics legs.
- 7) Pull the biot over the thorax and secure behind hook eye. Trim excess.
- 8) Build a compact head, whip finish, and trim thread.

I usually fish this as a dropper under anything from a midge to a stonefly. It works great under a BWO parachute during a strong emergence as well.

Next time you see us on the stream and are wondering what we're catching fish on, it's probably this.